



ADDRESS
107 Main St. South
Franklin, VA 23851
757 562-2919
HOURS
Mon - Fri 6:00 am - 10:00 pm
Sat 6:00 am - 1:30 am
Sunday Brunch 7:00 am - 2:00 pm

MENU:

Breakfast Platters

Served 'Til 11:00 am

Sat. - All You Can Eat Fish Fry | Sun. - Brunch Available Until 2:00 pm

Two Eggs with Bacon or Sausage	\$3.95
One Egg with Bacon or Sausage	\$2.75
Two Eggs with Ham	\$4.95
One Egg with Ham	\$3.95
Add Cheese	\$0.75
Omelettes with Cheese	
Two Eggs	\$3.95
One Egg	\$2.95
Add Meat	\$1.00
add cheese with mushrooms, peppers, onions, tomatoes.... each	\$0.25
Steak and Eggs	\$5.95

Above orders served with Grits, Potatoes or Apples and Toast.

“Eggs Frederick”	\$5.95
2 eggs on top of a split biscuit with country ham, sausage gravy, cheese grits and potatoes.	
The Breakfast Club	\$6.95
A double-decker omelette sandwich in the tradition of the Famous Fred's Club (Choose your favorite omelette ingredients.) Served with 1 side.	

Hot Cakes

Waffle	\$2.95
1/2 Waffle	\$1.95
One Hot Cake	\$1.95

Biscuits and Gravy

1 Biscuit with Sausage Gravy	\$2.50
2 Biscuits with Sausage Gravy	\$3.50

Coffee with Above Breakfast Platters... \$1.00

Breads

Apple Danish	\$1.95
Cinnamon Danish	\$1.95
French Toast	\$4.95
1/2 French Toast	\$2.95

Cinnamon Toast	\$1.50
Buttered Toast	\$1.25
Biscuit	\$0.50

Breakfast Sandwiches

On Toast or Biscuit

Bacon or Sausage	\$1.75
Ham	\$2.75
Bacon and Egg	\$2.50
Sausage and Egg	\$2.50
S. C. Ham and Egg	\$3.50
Country Ham and Egg	\$3.50
Egg	\$1.75
add cheese	\$0.25

Side Orders

One Egg	\$1.00
Hash Browns	\$1.95
Grits	\$1.95
Oatmeal or Cereal	\$2.00
add Fruit to Cereal	\$1.00
Country Ham	\$2.95
S.C. Ham	\$2.95
Sausage	\$1.95
Bacon	\$1.95
Fruit Bowl	(seasonal)

Appetizers

All appetizers are subject to change. Ask about our specials.

Sandwich Platters

Fred's Club with Fries	\$7.95
Hot Roast Beef with Creamed Mashed Potatoes and Gravy	\$7.95
Hot Turkey with Creamed Mashed Potatoes and Gravy	\$7.95
Steak Sub with Fries	\$7.95
Fred's Sub with Fries	\$7.95
Grilled Chicken Breast with Fries	\$7.95
Country Ham with Fries	\$7.95

Fred's Sandwiches

Add cheese, chili, lettuce or tomato \$0.25 each | add a side of fries \$1.75

Hamburger 1/3 lb.	\$3.95
Pork BBQ	\$4.50
Jr. Club	\$4.50
Chicken Salad	\$4.50
Tuna Salad	\$4.50
Ham and Cheese	\$3.95
Grilled Cheese	\$2.95
Bacon, Lettuce and Tomato (BLT)	\$3.95
Pastrami and Swiss	\$6.95
Hot Dog	\$1.95
Sliced Turkey	\$5.95
Sliced Roast Beef	\$5.95

Beverages

Coffee	\$1.50
Hot Tea/Iced Tea	\$1.50
Milk	\$1.65 / \$2.50
Chocolate milk add \$0.25	
Orange Juice	\$2.00 / \$2.50
Grapefruit Juice	\$2.00 / \$2.50
Apple Juice	\$2.00 / \$2.50
Hot Chocolate	\$2.00
Soft Drinks - 16 oz	\$2.00

Enjoy Fred's Entrees-Salads

Chicken Salad Cold Plate	\$7.95
Tuna Salad Cold Plate	\$7.95
Greek Salad	\$7.95
Chef Salad with Ham & Turkey	\$7.95
1/2 Chef or Greek	\$4.95
Taco Salad	\$7.95

With:

Grilled Chicken or Fried Tenders	Add	\$3.00
Grilled or Fried Shrimp	Add	\$3.00
Steak	Add	\$3.00
Topped with Chicken or Tuna Salad	Add	\$3.00

Enjoy Fred's Entrees

Entrees are served with Salad, Vegetable & Bread

Steaks

12 oz. Steak		Market
8 oz. Steak		Market
Cajun Steak (Hot& Spicy)	Add	\$1.00
Black Diamond Steak		\$13.95
Chopped Sirloin 8 oz.		Market

Seafood

Fried Trout		Market
Catfish Fillet		Market
Crab Cakes		Market

Southern Favorites

Pork Tenderloin		\$8.95
Fried Chicken	(1/2) \$8.95 / (1/4) \$5.95	
Liver and Onions		\$7.95
Pork Barbeque		\$7.95
Virginia Ham Steak		\$8.95

All Items & Prices Subject To Change.

Vegetable Sides

Cream Potatoes | French Fries | Beets | Green Beans | Pasta Salad
 Cole Slaw | Potato Salad | Applesauce | Collard Greens

Children's Menu

Each served with beverage and choice of applesauce, green beans, happy fries or macaroni & cheese

Chicken Fritters	\$3.95
Hot Dog	\$3.95
Hamburger	\$3.95
Grilled Cheese	\$3.95
Cheese Sticks (3)	\$3.95

Desserts

All desserts are subject to change. Ask about our specials.

